

# **Practice Captain Position Description**

## **Overview**

The Practice Captain is primarily responsible for organising the batting and bowling groups for practice net sessions.

### **Core Responsibilities**

- Liaise with Senior Coach to ensure training sessions run effectively.
- ➤ Keep a record of players in attendance at each training session.
- > Split batting time up according to time allocated for session and number of attendees.
- > Time each batting group and ensure prompt change over at expiration of time.
- > Organise bowlers for each net so that players compete within team / ability level.
- Ensure bowlers do not put themselves at risk of injury through over bowling.
- Ensure players not batting or bowling are doing other meaningful activities.

### **Additional Responsibilities**

> Train, mentor and support an incoming Practice Captain.

## **Knowledge and Skills Required**

- ➤ Know all players at training and their playing history / level of ability.
- ➤ Understand the Cricket Australia bowling limitations for underage players.
- ➤ Be aware of other training and playing activities of junior players when assessing bowling loads.

### **Personal Qualities**

- > Effective communicator.
- > Organised.

### **Qualifications**

Preferred - Working With Children Check.

# **Expected Time Requirement**

Approximately 75 hours per annum.

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